

## THE BIRD FROM WITHIN



Portugal, 2024, ANI, DCP, Colour, 5'56"

Stereo, 16:9

Director: Laura Anahory

Producer: Laura Anahory, [Universidade Católica Portuguesa · Escola das Artes](#)

Script: Laura Anahory, Ana Anahory, Guilherme Mateus

Editing: Laura Anahory

Sound: Vasco Almeida

Sound: Lucía Beaumont

Music: Vasco Almeida

Animation: Laura Anahory

Animation Animation 2D

Technique:

Original Language: No dialogue

Subtitles: No dialogue

Synopsis: The film follows a woman and the bird which lives inside of her, and how their inability to co-live together leads to physical wounds to her body.

[| film data |](#)



## Laura Anahory

Laura Anahory, a finalist in the Master's program in Sound and Image, started from Graphic Design at the Escola Artística Soares dos Reis, completing a Bachelor's degree in Communication Design at the Escola Superior de Artes e Design. With a particular focus on character design and illustration, she completed a Postgraduate degree in Illustration and Animation at the same institution, which sparked her interest in 2D animation. Since then, she has produced two animated short films—House on the Hilltop (2023) and O Pássaro de Dentro (2024)—as well as a promotional trailer for Cinanima in 2024.

### Filmography:

- 2024 [THE BIRD FROM WITHIN](#)  
Portugal, 2024, ANI, DCP, Colour, 5'56"
- 2024 **HOUSE ON THE HILLTOP**  
04'

### Festival Selections

- 2025 Animagoria - Mostra de Filmes de Animação, Portugal  
2025 CINE TEJO - International Short Film Festival, Portugal  
2025 imaginaria International Animation Film Festival, Italy  
2025 Curtas Vila do Conde International Film Festival, Portugal  
2025 Anima IADE, Portugal  
2025 La Cinéf, Cannes, France  
2025 Mostra Lisboa Animated Film Festival, Portugal  
2024 Casa da Animação - Prémio Nacional da Animação, Portugal