SOPA FRIA (COLD SOUP)



Portugal, France, 2023, ANI, DCP, HDV, ProRes SQ, Colour, 9'50"
Dolby SR, Stereo, 16:9

Director:	Marta Monteiro
Producer:	Vanessa Ventura, Nuno Amorim, Animais AVPL
Producer:	Claire Beffa, Sidonie Garnier, La Clairière Ouest
Script:	Marta Monteiro
Photography:	Marta Monteiro
Sound:	Geoffroy Cantou-Carrassoumet
Music:	Nico Tricot
Animation:	Daniela Duarte, João Silva, Manar Guiller, Natália Azevedo Andrade
Inspired in:	“Sopa” by Joana Estrela
Voz Off:	Filomena Gonçalves, Anna Lepley
Animation Technique:	Animation 2D
Original Language:	Portuguese
Subtitles:	Spanish, French, English, Portuguese
Synopsis:	A woman victim of domestic violence looks back at the years when she was married, recalling how difficult it was to stay afloat.

| film data |



Marta Monteiro

Marta Monteiro was born in Portugal, 1973. BA in Drawing from ESAP (1994), degree in Fine Arts - Sculpture, FBAUP, 1999. Attended the Norwich School of Art as ERASMUS scholar, and animated film workshops, printing techniques, and training in the field of communication design. Illustration: Excellence Award, Communication Arts-USA, Special mention of the American association 3X3, illustrations from the book "Shadows", 2014. Gold Medal, Society of Illustrators, New York, illustrated series "Little People", 2014 Animation (as director): Short film "Independência de Espírito": Prize of the audience, Monstra Animation Festival, Lisbon 2012, Portugal, Honorable Mention (Prize António Gaio), Cinanima, Espinho 2011, Portugal

Filmography:

2023 SOPA FRIA
Portugal, France, 2023, ANI, DCP, HDV, ProRes SQ, Colour, 9'50"

2017 A SONOLENTA
Portugal, 2017, ANI, Blu-Ray Disc (BD), DCP, HD, Colour, 10'20"

2011 INDEPENDÊNCIA DE ESPÍRITO
Portugal, 2011, ANI, HD, Colour, 10'

Festival Selections

2026 16 days Against Gender Based Violence, Austria
2026 AniMates Festival&Forum, Romania
2026 São Paulo International Short Film Festival, Brazil
2026 La Rochelle Film Festival, France
2025 Ànima Jove Fest, Spain
2025 Greenwich Village Film Festival, USA
2025 Shorts Attack, Germany
2025 Interfilm, Internationales Kurzfilmfestival Berlin, Germany
2025 CortoLovere, Italy
2025 Festival of Animation Berlin, Germany
2025 (Porto Femme) Telas na Rua – Bonfim , Portugal
2025 Animist Tallinn, Estonia
2025 Alpinale International Short Film Festival, Austria
2025 Mecal - International Short Film Festival of Barcelona, Spain

2025 Aigio International Short Film Festival , Greece
2025 Fastnet Film Festival, Ireland
2025 Rencontres du Cinéma Européen de Vannes, France
2025 Brussels SFF - Mont des Arts screening, Belgium
2025 West Chester International Short Film Festival , USA
2025 Festival International du Film d'Animation de Madagascar, Madagascar
2025 Underexposed Film Festival yc, USA
2025 Shortcutz Guimarães - Março, Portugal
2025 Beirut Animation Nights, Lebanon
2025 Athena Film Festival Short Film, USA
2025 Goethe-Institut in Beijing, China
2025 Muestra de Cine de Palencia, Spain
2025 Mostra Ampla, Portugal
2025 International Animation Film Festival of Catalonia, ANIMAC, Spain
2025 Animalusa Mostra de Cinema de Animação Português, Spain
2025 MONSTRA à solta - Arras, France
2024 Feinaki New Year's Eve Animation Party, China
2024 Les Nuits Magiques - International Animated Film Festival, France
2024 Zubroffka International Short Film Festival, Poland
2024 SIGGRAPH Asia, Japan
2024 Macau International Short Film Festival, Macau
2024 Films Femmes Méditerranée, France
2024 Parn'elles sont là! #3 - Films et rencontres féministes, Portugal
2024 Portuguese Film Festival in Seoul, Korea
2024 LIAF - London International Animation Festival, United Kingdom
2024 Du Grain a Demoudre French Film Festival, France
2024 FEINAKI Beijing animation week, China
2024 Interfilm, Internationales Kurzfilmfestival Berlin, Germany
2024 Les Rencontres Cinessonne, France
2024 Family Film Project, Portugal
2024 Jakarta Film Week, Indonesia
2024 Prime The Animation - Cinanima Program, Spain
2024 Lobo Fest - International Film Festival, Brazil
2024 ABYCINE – Albacete International Film Festival, Spain
2024 TAF Thessaloniki Animation Festival, Greece
2024 PRIMANIMA World Festival of First Animations, Hungary
2024 VISTACURTA - Festival de Curtas de Viseu, Portugal
2024 IndieCork Film Festival, Ireland
2024 ANIMAFILM International Animation Festival, Azerbaijan
2024 La Grande Tournée, France
2024 Animage International Film Animation Festival of Pernambuco, Brazil
2024 MANIFEST - Mafra Animation Film Festival, Portugal
2024 Viborg Animation Festival, Denmark
2024 Orvieto Cinema Fest, Italy
2024 KYIV International Short Film Festival, Ukraine
2024 Atlantic International Film Festival, Canada
2024 Festival Off-Courts Trouville, France
2024 Linoleum International Contemporary Animation and Media Art Festival, Ukraine
2024 Seoul International Women’s Film Festival, Korea
2024 Cineclube de Faro - Agosto, Portugal
2024 Indy Shorts International Film Festival, USA
2024 Descentralização MONSTRA - Clube Objetivo Cinema em Penafiel, Portugal
2024 Sessão MONSTRA X Projecto BDPALOP, Cape Verde
2024 Porto Femme - Extensão, Portugal

2024 Brussels International Film Festival (BRIFF) - BSFF Special Program, Belgium
2024 Animaphix - International Festival of Animated Film, Italy
2024 Nevada City Film Festival, USA
2024 Anibar Animation Festival, Kosovo
2024 Annecy - Portuguese Focus, France
2024 International Film Festival in Guadalajara, Mexico
2024 Short Shorts Film Festival & Asia, Japan
2024 Festival International Détours en Cinécourt, France
2024 Cineclube de Pombal - Junho, Portugal
2024 Entre Curtas, Portugal
2024 Prémios Quirino de Animação Iberoamericana, Spain
2024 Leiria Film Fest, Portugal
2024 ShortCutz Ovar - Maio, Portugal
2024 In The Palace International Short Film Festival, Bulgaria
2024 Brussels Short Film Festival, Belgium
2024 Internationales Trickfilm Festival of Animated Film Stuttgart, Germany
2024 Programa Casa da Animação em Stuttgart Trickfilm, Germany
2024 Sessão Mutim - Montemor-o-novo, Portugal
2024 Porto Femme - Festival Internacional de Cinema, Portugal
2024 Festa Cinema Italiano, Portugal
2024 OJOLOCO - Latinoamerican Film Festival in Grenoble, France
2024 International Animation Short Film Festival of Roanne, France
2024 Festival International de Films de Femmes de Créteil, France
2024 Monstra Lisboa Animated Film Festival, Portugal
2024 Bergamo Film Meeting - Portuguese Animation Program, Italy
2024 Regensburg Short Film Week, Germany
2024 Tricky Women - International Animation Festival, Austria
2024 Academia Portuguesa de Cinema - Gala de Prémios Sophia, Portugal
2024 ANIMA, Brussels Internacional Animation Film Festival, Belgium
2023 ODMC - ZOOM Barcelos, Portugal
2023 ODMC - Vila do Conde (ESMAD), Portugal
2023 ODMC - Setúbal (Câmara Municipal), Portugal
2023 ODMC - Porto (Casa Comum -Unidade de Cultura), Portugal
2023 ODMC - Cineclube de Faro, Portugal
2023 ODMC - Casa do Cinema de Coimbra, Portugal
2023 ODMC - Sardoal (Centro Cultural Gil Vicente), Portugal
2023 ODMC - Oliveira do Hospital, Portugal
2023 ODMC - Maia, Portugal
2023 Afrodite Shorts, Italy
2023 ODMC - Portalegre, Portugal
2023 ODMC - Paredes de Coura, Portugal
2023 ODMC - Amadora, Portugal
2023 Anilogue - International Animation Film Festival, Hungary
2023 Cinanima - International Animated Film Festival of Espinho, Portugal
2023 Caminhos do Cinema Português, Portugal
2023 SPARK Animation Festival, Canada
2023 Casa da Animação - Prémio Nacional da Animação, Portugal
2023 Bucheon International Animation Festival, Korea
2023 Cinemed – Montpellier International Mediterranean Film Festival, France
2023 European Animated Film Festival Balkanima, Serbia
2023 Animasyros - International Animation Festival, Greece
2023 Countryside Animafest Cyprus, Cyprus
2023 CineAvante'23, Portugal
2023 Curtas Vila do Conde International Film Festival, Portugal

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