NATUREZA HUMANA (HUMAN NATURE)



Portugal, Germany, 2023, FIC, DCP, HD, Colour, 25'28"
Dolby SR, 1:1,37

Director:	Mónica Lima
Producer:	Filipa Reis, UMA PEDRA NO SAPATO
Producer:	Luise Hauschild, NEW MATTER FILMS
Producer:	DFFB
Co-Producer:	Mariam Shatberashvili
Script:	Gonçalo Branco, Mónica Lima
Editing:	Francisco Moreira
Photography:	Faraz Fesharaki
Sound:	Paulo Lima
Music:	Gonçalo Sousa
Main Actors:	João Vicente, Crista Alfaiate
Original Language:	Portuguese
Subtitles:	Germany, Spanish, French, English, Portuguese
Synopsis:	In an apartment in a city under curfew, a day expands from early Spring to late Summer. A couple’s longing to start a family is shaken by a pervasive feeling of uncertainty.

| film data |



Mónica Lima

MÓNICA LIMA (b. Lisbon) studied Visual Arts in Lisbon, and Writing and Directing in Prague (FAMU) and Berlin (DFFB).

Her short films “The silence between two songs”, “Viktoria” and “Summer Saturn” have been shown in various international film festivals (Angers Premiers Plans, Leuven, Dresden, Vila do Conde, i.a.) and won various awards and mentions. Her graduation film “Natureza Humana” was part of the official selection of the International Film Festival Rotterdam 2023, where it received the Ammodo Tiger Short Award.

During her training years she studied writing and directing with Valeska Grisebach, Fred Kelemen, Franz Rodenkirchen, i.a. Professionally has been working as a scriptwriter and script advisor, as well as an assistant director and lecturer of directing and screenwriting classes. She is currently developing her first feature-length original screenplay, which has received financial support for Writing and Development from ICA and took part in the Oxbelly Writing and Directing Lab (Sundance/Faliro House) and Writing Cinema Today of Foundation Calouste Gulbenkian.

Filmography:

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2017 **VERÃO SATURNO**
30’

2015 **VIKTORIA**
30?

2013 **THE SILENCE BETWEEN TWO SONGS**
19

Festival Selections

2025 (Camões) Busho Film Festival, Hungary
2025 Porto Femme - Extensão Maus Hábitos, Portugal
2025 Porto Femme - Festival Internacional de Cinema, Portugal
2025 IFFR.com screening, Netherlands

2024 Zubroffka International Short Film Festival, Poland
2024 Triste Para Sempre , Portugal
2024 Interfilm, Internationales Kurzfilmfestival Berlin, Germany
2024 Kortfilm - Lumière Bruges, Belgium
2024 Cineclube das Caldas da Rainha, Portugal
2024 Curt'Arruda - Festival de Cinema de Arruda dos Vinhos, Portugal
2024 Filmfest Sundsvall, Sweden
2024 ShortCutz Ovar - Setembro, Portugal
2024 Festival Internacional de Curtas de Verin, Spain
2024 Shortcutz Guimarães - Temporada 2024/25, Portugal
2024 Burgas International Film Festival, Bulgaria
2024 WPAC (Wuhan Photography Art Centre), China
2024 ESFA - Brussels SFF, Belgium
2024 Akbank Short Film Festival, Turkey
2024 Prémios Curtas, Portugal
2024 Mostra Ampla, Portugal
2024 Max Ophüls, Germany
2024 Premiers Plans, Festival d'Angers, France
2023 FIlmoteca Española - Día + Corto, Spain
2023 ODMC - Cinema Ideal (Sessão Especial), Portugal
2023 El Gouna Film Festival, Egypt
2023 BISFF - The Beijing International Short Film Festival , China
2023 KFFK - Kurzfilmfestival Koln / Short Film Festival Cologne, Germany
2023 Izmir Short Film Festival, Turkey
2023 Caminhos do Cinema Português, Portugal
2023 Cinemed – Montpellier International Mediterranean Film Festival, France
2023 Flanders Internacional Film Festival Ghent, Belgium
2023 CineEco - Festival Internacional de Cinema Ecológico da Serra da Estrela, Portugal
2023 Kuan-Du Film Festival, Taiwan
2023 International Film Festival Message to Man, Russia
2023 Quebec City Film Festival, Canada
2023 Extensão Curtas Vila do Conde - Cinema Ideal, Portugal
2023 Helsinki International Film Festival, Finland
2023 DRIM Short Film Festival, Republic of Macedonia
2023 Melbourne International Film Festival, Australia
2023 Lago Film Fest , Italy
2023 Curtas Vila do Conde International Film Festival, Portugal
2023 Tabor Film Festival, Croatia
2023 International Film Festival in Guadalajara, Mexico
2023 Vienna Short Festival, Austria
2023 Golden Harvest Film Festival, Taiwan
2023 Lichter Filmfest Frankfurt, Germany
2023 Achtung berlin Filmfestival, Germany
2023 New Directors/New Films International Festival, USA
2023 REGARD - Saguenay International short film festival, Canada
2023 Internacional Film Festival Rotterdam, Netherlands

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