

INDEPENDÊNCIA DE ESPÍRITO (INDEPENDENT MIND)



Portugal, 2011, ANI, HD, Colour, 10'

Stereo, 16:9

Director: Marta Monteiro

Producer: Nuno Beato, José Miguel Ribeiro, Eva Yébenes, [Sardinha em Lata, Lda](#)

Script: Ana Mendes

Editing: João Miguel Real

Sound: Rui Rebelo, Fernando Mota

Music: Fernando Mota, Rui Rebelo

Animation: Carina Beringuilho, Armando Coelho, João Gargaté, Filipa Gomes da Costa, João Silva, Vanessa Namora Caeiro, Nuno Romeiras, Juliano Guimarães, João Miguel Real

Voz Off: Ana Vieira, Joana Brandão, Sérgio Calvino

Animation Drawn and painted animation

Technique:

Original Language: Portuguese

Synopsis: Clélia is a woman who is comfortable with her solitude. With it, she fills her Lisbon house, patio and garden. She attends to her plants and one day, almost without noticing, she begins talking to them... What am I doing? Now I'm talking to flowers?! Questions Clélia. The reply comes from her neighbour who talks to her pots and pans...

[| film data |](#)



Marta Monteiro

Marta Monteiro was born in Portugal, 1973. BA in Drawing from ESAP (1994), degree in Fine Arts - Sculpture, FBAUP, 1999. Attended the Norwich School of Art as ERASMUS scholar, and animated film workshops, printing techniques, and training in the field of communication design. Illustration: Excellence Award, Communication Arts-USA, Special mention of the American association 3X3, illustrations from the book "Shadows", 2014. Gold Medal, Society of Illustrators, New York, illustrated series "Little People", 2014 Animation (as director): Short film "Independência de Espírito": Prize of the audience, Mostra Animation Festival, Lisbon 2012, Portugal, Honorable Mention (Prize António Gaio), Cinanima, Espinho 2011, Portugal

Filmography:

- 2023 [SOPA FRIA](#)
Portugal, France, 2023, ANI, DCP, HDV, ProRes SQ, Colour, 9'50"
- 2017 [A SONOLENTA](#)
Portugal, 2017, ANI, Blu-Ray Disc (BD), DCP, HD, Colour, 10'20"
- 2011 [INDEPENDÊNCIA DE ESPÍRITO](#)
Portugal, 2011, ANI, HD, Colour, 10'

Festival Selections

- 2025 Cinema no Estendal - Associação de Lagoa, Portugal
- 2025 Animagoria - Mostra de Filmes de Animação, Portugal
- 2025 Cinema no Estendal, Portugal
- 2024 Route Annecy - Anima VAM, France
- 2024 Festa Cinema Italiano, Portugal
- 2024 Bergamo Film Meeting - Portuguese Animation Program, Italy
- 2023 Exibição MONSTRA - Casa da Cerca de Almada, Portugal
- 2023 Centenário da Animação Portuguesa - Mostra Festival (Julho), Portugal
- 2021 Clube Objetivo Cinema em Penafiel, Portugal
- 2018 Sardinha em Lata na cinemateca, Portugal
- 2017 Aprender em Festa - Viseu, Portugal

2017 Mostra - Universidade de Toronto, Canada
2017 Ciclo de Curtas de animação - Vigo, Spain
2014 Festival Internacional de Cinema da Fronteira, Brazil
2014 CINEPORT - Festival de Cinema de Países de Língua Portuguesa, Brazil
2013 Animação Portuguesa Ruma ao Sul, Portugal
2013 Curtas Sadinas, Portugal
2013 Be There! Corfu Animation Festival, Greece
2012 Festival Internacional de Filmets de Badalona, Spain
2012 Krok International Animated Film Festival, Ukraine
2012 London International Animation Festival, United Kingdom
2012 Hiroshima International Animation Festival, Japan
2012 SICAF - Seoul International Cartoon & Animation Festival, Korea
2012 Curtas e Vinho Verde, Portugal
2012 Holland Animation Film Festival, Netherlands
2012 Mostra Lisboa Animated Film Festival, Portugal
2012 Tricky Women - International Animation Festival, Austria
2012 Market - Festival Internacional de Cine de Guadalajara, Mexico
2012 Ciclo de Animação - Guimarães, Portugal
2011 Animated Dreams Animation Film Festival, Estonia
2011 Caminhos do Cinema Português, Portugal
2011 Cinanima - International Animated Film Festival of Espinho, Portugal
2011 Sichuan Television Festival International Gold Panda Awards For Animation, China
2011 Festa Mundial da Animação, Portugal
2011 FIKE International Short Film Festival, Portugal
2011 Curtas Vila do Conde International Film Festival, Portugal
2011 IndieLisboa - Festival Internacional de Cinema Independente, Portugal