

## CANÇÃO DE AMOR E SAÚDE (SONG OF LOVE AND HEALTH)



Portugal, France, 2009, FIC, 35mm, Colour, 30'

Dolby Digital, 1:1.66

Director: João Nicolau

Producer: Justin Taurand, [Les Films du Bélier](#)

Producer: Luis Urbano, Sandro Aguilar, [O SOME A FÚRIA](#)

Editing: Francisco Moreira

Editing: João Nicolau

Photography: Mário Castanheira

Sound: Ricardo Leal

Main Actors: Norberto Lobo, Marta Sena, Ana Francisca

Original Language: French, Portuguese

Subtitles: English, Portuguese

Synopsis: João is the only employee that we can see in Morais Key Cutting shop. He is also the son of the owner and he doesn't hesitate about leaving the shop and following his heart's whispers to spend coin after coin in the slot of a Love Machine. Marta of the Hills is a Fine Art Student who brings an unusual request. The key that João duplicates for her opens more than a single door.

[| film data |](#)



## João Nicolau

João Nicolau was born in Lisbon, Portugal in 1975. He works as a film director, film editor, actor and musician. Directed the documentary “You Can’s Live with Your Mouth Shut” (1999), and the short films “Bird of Prey” (2006), “Song of Love and Health” (2009), “The Gift of Tears” (2012) and the feature “The Sword and the Rose” (2010). He has never understood (nor will he ever) a thing about the Middle East. He lives in 2010, in Lisbon, Portugal.

### Filmography:

- 2013 [GAMBOZINOS](#)  
Portugal, France, 2013, FIC, 35mm, Colour, 20'
- 2012 [O DOM DAS LÁGRIMAS](#)  
Portugal, 2012, FIC, DCP, Colour, 27'
- 2009 [CANÇÃO DE AMOR E SAÚDE](#)  
Portugal, France, 2009, FIC, 35mm, Colour, 30'
- 2006 [RAPACE](#)  
Portugal, 2006, FIC, 35mm, Colour, 25'
- 1999 **CALADO NÃO DÁ**  
DOC, 30'
- 2007 **DA PRISÃO**  
FIC
- 2010 **A ESPADA E A ROSA**  
FIC, 137'
- 2015 **JOHN FROM**  
FIC, 100'

### Festival Selections

- 2025 Cinemancia Film Festival, Colombia
- 2024 Batalha Centro de Cinema - Setembro, Portugal
- 2024 School of Art and Design Lausanne - João Nicolau class, Switzerland
- 2022 Há Filmes na Baixa! - Curtas Vila do Conde IFF, Portugal
- 2022 Festival de Cans : retrospective of Joao Nicolau, Spain
- 2021 Bergamo Film Meeting, Italy
- 2019 Festival Côté Court - Pantin, France
- 2016 Festival de Cinema Luso-Brasileiro de Santa Maria da Feira, Portugal
- 2016 Kino Arsenal - Retrospectiva João Nicolau, Germany
- 2013 Filmville - UK Portuguese Film Festival, United Kingdom

2013 Ciclo de Cinema Português - Galiza, Spain  
2013 Cine Ceará - Festival Ibero-americano de Cinema, Brazil  
2012 Leeds International Film Festival, United Kingdom  
2012 Mostra Cinema Português Contemporâneo - Brasil, Brazil  
2012 Festival du Cinema de Brive, France  
2011 Market - Festival Internacional de Cine de Guadalajara, Mexico  
2011 Psarokokalo - Athens International Short Film Festival, Greece  
2011 Bamberger Kurzfilmtage, Germany  
2011 Cineclube de Faro, Portugal  
2010 Mostra Cinema Português no cineclube de Aveiro, Portugal  
2010 L'Alternativa Barcelona Independent Film Festival, Spain  
2010 CCP Maputo, Mozambique  
2010 Azores Short Film Festival, Portugal  
2010 Ourense Internacional Film Festival, Spain  
2010 Open-Air Filmfest Weiterstadt, Germany  
2010 Festival Ibérico de Cinema de Badajoz, Spain  
2010 Festival du Cinema de Brive, France  
2010 Las Palmas International Film Festival, Spain  
2010 Fantasporto Oporto International Film Festival, Portugal  
2010 Short Film Market - Clermont-Ferrand Short Film Festival, France  
2009 Festival de Cinema Luso-Brasileiro de Santa Maria da Feira, Portugal  
2009 Entrevues Festival du Film Belfort, France  
2009 Media 10-10 Short Film Festival of Namur, Belgium  
2009 Mostralíngua Mostra Internacional de Cinema em Língua Portuguesa, Portugal  
2009 Belo Horizonte International Short Film Festival, Brazil  
2009 Rio de Janeiro International Short Film Festival Curta de Cinema, Brazil  
2009 Janela Internacional de Cinema do Recife, Brazil  
2009 Mediterranean Short Film Festival of Tangier, Morocco  
2009 IMAGO – International Young Film Festival, Portugal  
2009 Internacional Festival of Short films of São Paulo, Brazil  
2009 Extensão Curtas Vila do Conde Teatro Municipal Vila do Conde, Portugal  
2009 Curtas Vila do Conde International Film Festival, Portugal  
2009 Retrospective João Nicolau [Cinémas 93], France  
2009 Directors' Fortnight, France